

Cambridge School Weekly Newsletter

Friday 6th September 2024

Dear Parent/Carer,

Welcome to the 2024-2025 academic year! I am pleased to report that we have had a very calm and settled start to the new school year. Learners have returned with a positive attitude and I was happy with the standards of dress and conduct in Assemblies this week, with students looking smart and listening attentively and respectfully. Our Year 7s have shown courage and resilience already, finding their feet with the older students and looking comfortable and confident in their skins.

We want this year to be smooth and successful for every student, parent and carer. Clear lines of communication are key and I want you to contact us immediately if you or your child has a concern or issue that needs to be addressed. The class teacher is always the first port of call or if your problem can't be dealt with at source, we have two pod leaders who can help. If your child is in Atlantic Pod, Menderina Asmelash-Geresus is the relevant leader, m.asmelash-geresus@cambridge.lbhf.sch.uk and if your child is in Pacific pod, Jack Readings is your contact, j.readings@cambridge.lbhf.sch.uk. If you are in any doubt as to what pod your child is in, you can find out from the office or the class teacher directly, but your child certainly knows!!

The government is really cracking down, quite rightly, on attendance and schools have a major responsibility to ensure children are in school, receiving a high quality education. However, parents and carers have a legal responsibility to ensure their child is in school. Please read the attached attendance expectations document carefully to ensure there are no surprises.

Have a lovely weekend, one and all.

A. Campbell

Yours sincerely,
Alan Campbell
Headteacher

Welcome to the first Newsletter of the new academic year!

In this section you will find out who our student behaviour & attendance winners are each week. We also recognise staff from time to time for going "above & beyond".

Also included on other pages will be details of each class's overall attendance for the week and how our Houses are doing in various competitions throughout the year. Houses also earn points for good behaviour and attendance.

Assuring your child attends school regularly has a positive impact on their education, as mentioned by Mr Campbell, and it can also lead to winning vouchers!

Attend Today, Achieve Tomorrow



Every School Day Counts!

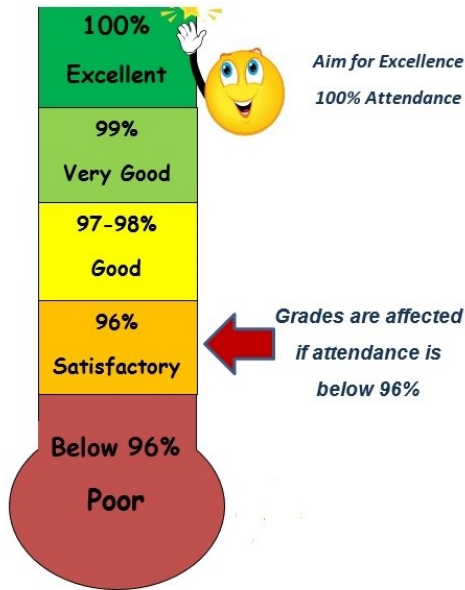
Important Dates:

20th Sept: Jeans for Genes Day
24th Sept: UK Fitness Day
27th Sept: Macmillan Coffee Morning

October is Black History Month
3rd Oct: National Poetry Day
4th Oct: World Smile Day
W/C 7th Oct: Harvest Festival
10th Oct: World Mental Health Day
28th Oct—1st Nov: HALF TERM

ATTENDANCE

Parent Attendance Expectations



The law entitles every child of compulsory school age to an efficient, full-time education suitable to their age, aptitude, and any special education need they may have.

It is therefore the legal responsibility of every parent to ensure their child attends school regularly. This means your child must attend every day that the school is open, except in a small number of allowable circumstances such as being too ill to attend or being given permission for absence in advance from the school.

What YOU must do:

Parents/carers call the school before 9am each day of your child's absence.

Tell the school in advance, of any medical appointments and bring in appointment cards/letters.

If you are not sure whether your child is well enough to attend school, send them in anyway as they often perk up on arrival.

Have a backup plan for if your child misses transport, call on a family member, neighbour or friend.

If you and your child are experiencing difficulties with school attendance then talk to us as a first step so we can help!

What WE will do:

Check your child's attendance every day.

Phone home to discuss your child's attendance with you.

Invite you into school for attendance meetings if we are concerned.

If we cannot establish a reason for absence, then we may make a welfare home visit.

If you need to speak to someone regarding attendance, please call/email:

Attendance officer: Rebecca Kempton. [-r.kimpton@cambridge.lbhf.sch.uk](mailto:r.kimpton@cambridge.lbhf.sch.uk)

Assistant head teacher: Jane Ogunbowale - j.ogunbowale@cambridge.lbhf.sch.uk

6 REASONS TO JOIN OUR PTA!



FOR THE CHILDREN

THE EVENTS WE PLAN WILL IMPROVE YOUR CHILD'S SCHOOL EXPERIENCE

BECOME A ROLE MODEL TO SHOW YOUR CHILD YOU VALUE THEIR EDUCATION.

FOR THE SCHOOL

HELP THE SCHOOL TO RAISE FUNDS.

HAVE A VOICE IN THE PURCHASES THAT ARE MADE TO SUPPORT THE CHILDREN.

BE CONNECTED

THERE IS NO BETTER WAY OF KNOWING WHAT'S HAPPENING IN SCHOOL.

MEET OTHERS THAT SHARE THE SAME COMMON GOALS TO HELP IMPROVE THE SCHOOL.

FOR YOU

VOLUNTEERING IS A REWARDING EXPERIENCE.

YOU CAN DONATE AS MUCH OR AS LITTLE TIME AS YOU LIKE.

WE PLAN TO HOST MANY SOCIAL EVENTS TO RAISE MONEY AND ALSO TO ENJOY EACH OTHERS COMPANY.

IT IS FUN!

WE AIM TO ENJOY OURSELVES IN ALL OUR ROLES.

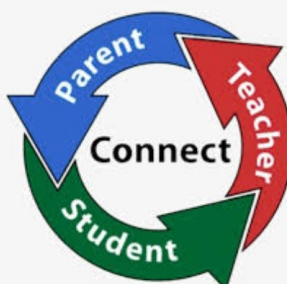
FROM PLANNING EVENTS TO RUNNING A STALL IS EXCITING!

KEEP THE PTA GOING

AS PARENTS LEAVE SCHOOL WE NEED TO KEEP THE COMMITTEE GOING.

COME JOIN OUR FRIENDLY TEAM AS MANY HANDS MAKE IT LIGHT WORK!

CONTACT US



Email any of us if you're interested in joining Cambridge School's Parent & Teacher Association:

Fran: f.rieger@cambridge.lbhf.sch.uk

Liw: o.grzelek@cambridge.lbhf.sch.uk

Pam: p.pike@cambridge.lbhf.sch.uk

West London CAMHS presents:

MENTAL HEALTH AND WELLBEING FAIR

21 September 2024 | 11am - 3pm
Brentford FC Community Stadium Hub

Children and Adolescent Mental Health Services (CAMHS) are delighted to invite all young people and their families in West London to the **Mental Health and Wellbeing Fair**.

If you're interested in **learning more about the mental health support** available for children and young people in West London, we warmly encourage you to visit our fair.

Our CAMHS teams will be hosting stalls that include:

- **Mental health organisations and charities**
- **Various child-friendly activities and workshops**
- Our **CAMHS Youth Ambassadors** will be leading a panel discussion with **prominent mental health advocates**.
- The first 50 families can collect a **free tote bag** filled with **stickers, stress balls, and more!**

Scan the QR code or [click here](#) to **book your FREE place**. We look forward to seeing you there!



 @instacamhswl

Preparing for the School Year

Parent & Carer Bulletin no. 1 – September 2024

 mind
Hammersmith,
Fulham, Ealing
and Hounslow

WELCOME TO THE NEW SCHOOL YEAR!

We hope you and your family enjoyed your summer holiday.

It can be daunting returning to school or college after a long break, especially if your child has started at a new place or is going into exam years.

Take time to regularly check in with your child and observe their moods.

If they're feeling overwhelmed, they might not want to talk right away; try not to force a conversation but let them know you're open to talk when they're ready. Just knowing that you're available and open to listen non-judgmentally will have a positive impact on their emotional wellbeing.



19th September is Youth Mental Health Day!



This year, the theme is #ControlYourScroll. 93% of children and young people feel concerned by online content, including bullying, fraud, or fake news. These worries can affect our mental and emotional health so encourage your child to:

- Reflect on the amount of time they spend on social media and websites – is it healthy, or could they mix it up with more offline activities?
- Block users or content that don't make them feel good
- Remember that people post pictures, comments, and strong views to get more followers – their content isn't always a true reflection of their life
- [Download](#) Stem4's young person's guide to using the internet safely

Ask your school to invite us to deliver a parent/carers workshop on safer internet use.

27th September is National Teaching Assistants' Day!

A time to reflect on the essential, yet often under-recognised, role of teaching assistants and celebrate the many ways they contribute to the educational, behavioural, and mental wellbeing of our children.

Perhaps encourage your child to write 'thank you' notes and take the time to say thank you at the school gates.



Amazing Opportunities for secondary and college students!

We've added 2 posters to this bulletin, one for 11-18-year-olds and the other for 16-25s.

Please share them with your children and friends.

Both opportunities are organised by staff with lots of experience of working with young people who might have mental or emotional wellbeing challenges so your child will be in very safe hands!



DREAMLINE

FREE ONE-DAY ART INITIATIVE FOR YOUNG PEOPLE

Are you aged 16 - 25?,
Do you live in Hammersmith &
Fulham, Ealing or Hounslow?

Using different artistic techniques
such as printmaking and collage, joins us to
design your dream tube line

All the ideas will be displayed at
the LTM Open Depot Weekend for
thousands of visitors to see

Most importantly...
you don't need to be into arts already.
This is for anyone!

When:
Saturday, September 14, 2024
10am-4pm
(lunch & snacks provided)

Where:
London Transport Museum Depot
2 Museum Way
118-120 Gunnersbury Lane, W3 9BQ

Questions?: communities@ltmuseum.co.uk



 **Mind**
Hammersmith,
Fulham, Ealing
and Hounslow





HELP US MAKE A SHORT FILM about mental health care!

We're making an animation film!

Researchers at Imperial College London are making a short film about what's important in mental health services for young people. This will let hospitals know how young people would like to see mental health care improved.

An in-person half-day workshop to:

- Say what's important in hospital care
- Create a film narrative and storyline
- Design and create a film animation

You will receive travel expenses, lunch, and payment for your time.

Want more information?
Register on the QR code!
Or email motis@imperial.ac.uk

Am I the right person for the role?

- You want to help to improve mental health care
- You're aged 11-18 years
- You, or a friend, has been to hospital or a doctor for a mental health problem

Join us to HEAR MORE!

Our first online meet: Aug/Sept 2024.

Under 16s will need permission from a guardian

Register your interest using the QR code:

