

Cambridge School Weekly Newsletter

Friday 3rd November 2023

Dear Parent/Carer,

Welcome back to the second part of the autumn term! This is an eight week half term and it is the one with the cold, dark and often wet mornings and afternoons! We need to make sure we look after ourselves this half term, both physically and mentally to avoid colds, flu and tiredness. I can't urge you enough to ensure your child is getting enough sleep and eating healthily to counteract ailments of the body and mind. Please take the time to look after yourself too, as parenting this half term can take it out of you as well.

I want to give you plenty of notice about our Parents' Evening on Wednesday 29th November. This is for all pupils and is an in person event at Cambridge. Please look out for communications via ParentMail about the organisation of the event. This is the perfect opportunity to discuss your child's progress face to face with the class teacher and look at the work the learners have been producing in class.

We have a couple of cultural events coming up over the next week which are exciting. Four groups are attending a trip to the cinema to see Elemental and we have learners participating in a Makaton Choir and they are learning the signs so they can perform with children from other schools.

Have a lovely weekend!

Yours sincerely,

Ala Capell

Alan Campbell, Head Teacher

Stars Of The Week



Our Star Of The Week this week is Jorge for the exceptional quality of his annual review paperwork and mid-term planning.

100% Student Attendance Award



Anthony Prachett-Lindsey

&

Aven Yohanes

Outstanding Behaviour Award

Bhavleer Singh

&

Yusif Hamakhan

Note: Some parents have not given permission for their child's photo to be used in external publications.



Important Dates

W/C 13th Nov: Anti-Bullying Week & Book Fair Week
17th Nov: Children In Need
13th Nov: World Kindness Day
W/C 20th Nov: Road Safety Week
29th Nov: Parents Evening

30th Nov: World Science Day

1st Dec: International Day Of Disabled Persons
14th, 15th & 18th Dec: Drop Down Days
19th Dec: Talent Show
20th Dec: Christmas Jumper Day & Christmas Lunch
21st Dec: End of term, School finishes at 1pm

8th January2024: INSET DAY 9th January 2024: Children return to school



Akala Class

94%

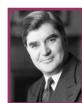


89%



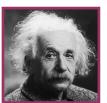
Attendance: Week Ending 20th October 2023:

Armstrong Class 65%



Bevan Class

83%



Einstein Class

93%



Farah Class

76%



Obama Class 96%



Rashford Class 88%



Rowling Class 80%



Turing Class 96%



Wilberforce Class 92%



Wiltshire Class 90%



Franklin Class!

House Competition.

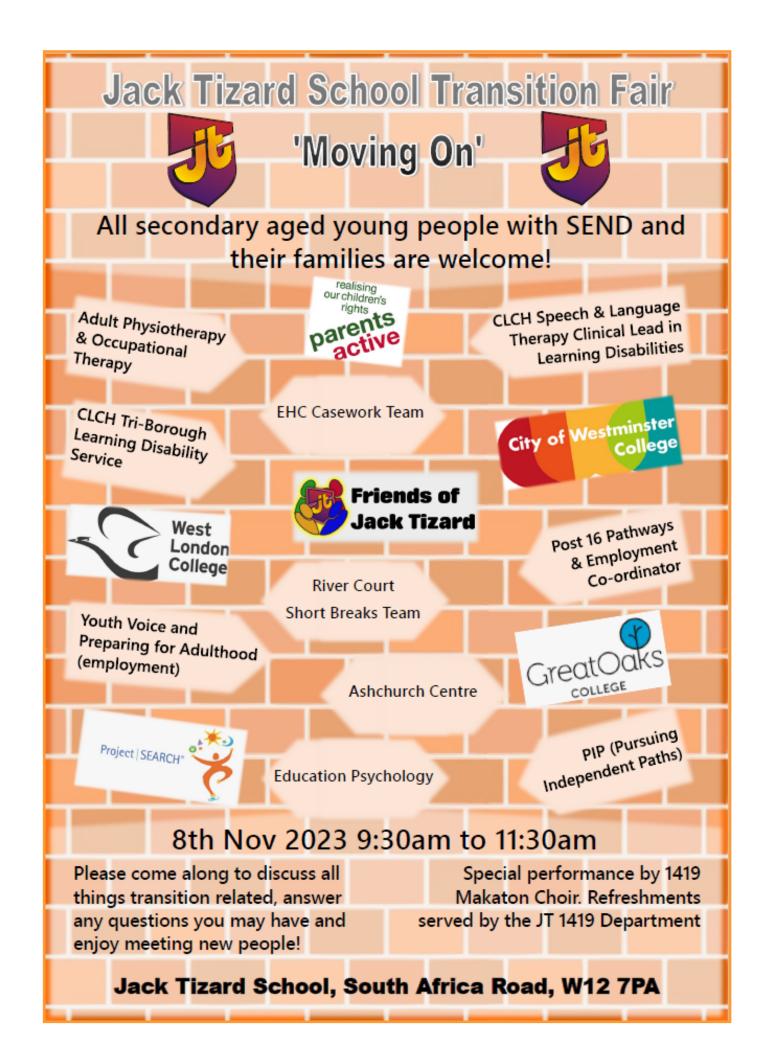
Points are awarded for good work and good behaviour, and can be earned for winning competitions



Franklin Class

97%

Nightingale Class





Parent Bulletin No. 3: November 2023

This month we're talking about healthy relationships and celebrating Anti-Bullying Week 13th-17th November!



The theme of Anti-Bullying Week 2023 is 'Make A Noise!' to stop the silence around bullying. The week kicks off with Odd Socks Day on 13th Nov to celebrate individuality and open discussions around accepting differences, which is key to ending bullying. Ask your school if it's taking part.

The Anti-Bullying Alliance has an excellent resource pack for parents and carers <u>here</u>. It is crammed with information including how to recognise if your child is being bullied, what to do about it (including what to expect from schools), and exercises for your child to reflect on the healthiness of their friendships.

Tips for Healthy Relationships

Communication is Key Open and honest communication lays the foundation for a healthy relationship. Encourage self-expression and attentive listening. Give a space to ask questions and provide clear, mindful answers.

Empathy and Understanding Healthy relationships help teach us and children to be empathetic and understanding towards others' feelings and needs, essential traits for fostering meaningful connections in adulthood.

Positive Role Modelling Children learn from observing their parents and others in their environment. Demonstrating healthy relationships sets a positive example for children to model in their own interactions.

The Young Minds website has tips for <u>friendships</u>, <u>romantic relationships</u> and <u>family</u>. Our <u>Wellbeing Advisers</u> can work with your child to identify any difficulties they may be dealing with and help find appropriate support.

Join us at our monthly evening webinars!

We support parents, carers and school staff to feel confident when supporting children and young people with their mental health and emotional wellbeing.

The last Wednesday of every month (starting 25th October 2023) 7pm – 8pm

Zoom: Use the QR code or <u>Click here</u> to register.



Topics will include... Managing Difficult Emotions Impa

Impact of Prejudice

Healthy Relationships & Communication

on Self-harm

Managing Stress & Anxiety

Using Social Media

Let us know your thoughts on mental health in schools. Use the links or QR codes to access separate surveys for <u>Parents/Carers</u>, <u>Primary Students</u> and <u>Secondary/College</u> <u>Students</u> so be sure to use the right one!





North West London Collaboration of Clinical Commissioning Groups